Risk Assessment - Brow Hike 2026 - 21st and 22nd March 2026

Name of Assessor: Rachel Dawson, Hike Control

Hazard		Without any control measures		Control Measures	With control measures		
		Likelihood Rating	Severity Rating		Likelihood Rating (L)	Severity Rating (S)	Risk Assessment Score (LxS)
Hiking	Traffic accident	3	4	-Children to be briefed on road safety before setting off. -High viz to be visible on all team members. -Children to use crossings on major roads. -Children to walk in single file on narrow country roads. -Checkpoints to be placed in accessible locations- checkpoint staff to supervise children at these areas. -Set route so children use as little roads as possible.	1	4	4
	Exhaustion	3	1	-Children to be assessed on mental and physical state before setting off. -Amount of water to be checked at kit check. -Water stations at various points en route. -Hike control and safety to also carry water. -All teams to carry at least 2 phones with Hike Control's number programmed in. Hike Control's number to be on every tally card. -Checkpoint staff to have first aid kits. -Checkpoint staff confident to assess fitness of team. -Vehicle available to pick up teams. -Sweep team following teams- enough sweep to be able to walk with weaker teams if needed.	1	1	1
	Animal attacks	2	2	-Route to be set away from places where farm animals could be kept. If unavoidable, Hike Control to check that there are no farm animals in that area in the days before the hike and alter route if needed. -Children to be briefed on the country side code before leaving.	1	2	2
	Weather- too hot	2	1	-Decision to be made whether the weather conditions are suitable for the hike within two days before the event. -Extra water at every checkpoint.	1	1	1

				-Every child to wear a hat and suncream. -Checkpoint staff confident to assess team's health at each base.			
	Weather- too cold	3	1	-Decision to be made whether the weather conditions are suitable for the hike within two days before the event. -Children to wear suitable clothing- checked and approved at kit check. -Checkpoint staff confident to assess team's health at each base.	1	1	1
	Getting lost	3	1	-Regular checkpoints placed around the event. -All maps to be checked at map check. -Children to show mapping confidence at map check. -Checkpoint staff to ask if children are confident where they are going next and to intervene/teach if necessary. -Hike Control's number to be on every tally card. -All teams to carry at least 2 phones with Hike Control's number programmed in. -Large sweep team, who know the route well, to follow teams.	2	1	2
	Injury en route	3	2	-All teams to carry first aid kits. -All checkpoint staff to have first aid kits. -Hike Control's number to be on every tally card. -All teams to carry at least 2 phones with Hike Control's number programmed in. -Regular checkpoints so the children are not walking too far without adult contact. -Checkpoint staff confident in checking teams' health/fitness levels. -Vehicle available to pick up children. -Ankle supported boots to be worn by all hikers.	1	2	2
Campsite	Pitching tents – trip hazards etc	2	1	-Campsite staff to advise teams where to pitch their tents. -Campsite staff to supervise from a far how the children are pitching their tents and intervene/teach if necessary. -Campsite staff to check that the guide lines etc are in a safe place to avoid trip hazards.	1	1	1
	Equipment at site being left out/lost/damaged	4	1	-Hike Control to assess campsite on a regular basis, making sure that all equipment has been put away. -Hike Control to check that all boots have been put under canvas before bed to avoid getting wet overnight (common error by teams)	1	1	1
Cooking	Using stoves- being unsafe	2	2	-All stoves to be checked fit for use at kit check. -Hike staff to supervise children using stoves from afar and intervene/teach if necessary. Note: this includes where the children are setting up their stoves.	1	2	2
	Burns	3	2	-Sand bucket and water available on site.	1	2	2

				-Hike staff to supervise from afar and intervene if necessary. Also check clothing hazards etc. -First aiders on site at all times.			
	Food safety – poisoning	**3**	**2**	**--Nobody eats before a member of the hike staff team has checked the food a) has been cooked thoroughly b) is hot enough**	**1**	**2**	**2**
Behaviour	**Upsetting locals**	**2**	**1**	**-Teams to be briefed on expectations before they set off. -Teams to check in at regular checkpoints. -Hike Control's contact details available to deal with any complaints. -Hike staff to monitor behaviour at all times and intervene if necessary.**	**1**	**1**	**1**
Safeguarding	**Adults involved in hike**	**2**	**1**	**-All checkpoint staff to be DBS checked. -Hike Control and Safety vehicles to be labelled. -All teams reminded about stranger danger before leaving. -Teams must stay as a 4 at all times. -Staff to wear lanyards at all times. -Leaders to not follow their own teams around the route.**	**1**	**1**	**1**

Ratings:	**Likelihood**	**Meaning**	**Severity Rating**	**Meaning**
	1	Unlikely to happen	1	Minor injury e.g. bruise, graze
	2	Might/Less likely to happen	2	Will need medical attention
	3	Possibly	3	Temporary disability
	4	Highly likely to happen	4	Serious injury
	5	Will almost certainly happen	5	Death/ Permanent disability/Emotional trauma

Risk Assessment Scores:

1-2 Low risk. No further action needed
3-5 Fairly low risk. Low priority but think about taking action
6-9 Medium risk level. Do something as soon as possible
10-15 High risk level. Take action straight away
16-25 Unacceptable risk level. Take immediate action